

# *Kathak After School Club*

**Wednesdays 2.30 - 3.30pm  
Starting 3rd May 2017**



**Avanti House Primary Phase, Stanmore  
Suitable for beginners**

- Dates:** Summer 1 half term - 3rd, 10th, 17th, 24th May 2017
- Booking:** Please email [kathakdancer@mail.com](mailto:kathakdancer@mail.com) with the following: child's name, day the club takes place on and your contact email and telephone number. Max 10 places. You will receive a reply to confirm place.
- Payment:** Fee to be paid half termly. Total for Summer 1 half term is £28 (4 sessions @ £7 each). Cash/cheque for full half term amount must be brought to first session.
- Clothing:** Clothing which will allow free movement (ideally simple cotton churidar suit). Ankle bells not required to begin.

Kathak is one of the ancient Indian classical dances. It is dynamic and known for its footwork, spins and expression. Kathak helps its students develop dance technique, discipline and self awareness plus much more. The ankle bells are a musical instrument which help emphasize rhythm. We begin by working with a musical time cycle of 16 beats and learning small rhythmic compositions.

Sessions led by Charlotte Bernstein who has been studying Kathak for over ten years and has performed in the UK and India.



**Tel: 07583 896 102 Email: [kathakdancer@mail.com](mailto:kathakdancer@mail.com)**